# Behavioral Agitation/ Sedation Guide

**Behavioral Activity Rating Scale (BARS)**

**Behavioral Activity Rating Scale**
**BARS scoring: 1 - 4**

YES → No sedation required → Exit to Age Appropriate Protocol(s)

NO ↓

**Behavioral Activity Rating Scale**
**BARS scoring: 5**
Agitated but not disruptive
Able to calm and redirect

YES →

Verbal De-escalation Procedure ASP 11

P

**PO / ODT Medication – if available**
**Haloperidol 5mg PO x 1**
**Lorazepam 2mg PO x 1**
**Benadryl 50 mg PO x 1**
**Or**
**Midazolam 2.5mg IN**

↓

Condition Improving?

NO → ↓

YES → Exit to Age Appropriate Protocol(s)

NO ↓

**Behavioral Activity Rating Scale**
**BARS scoring: 6**

Agitated and disruptive
Not violent

→

Verbal De-escalation Procedure ASP 11

IV or IO Access Protocol UP 6
***if indicated***

P

**Offer PO / ODT Medication for BARS 5**
**Or**
Age ≥ 12

**Haloperidol 5 mg IM**
**Or**
**Geodon 20mg IM – Single Dose**

May repeat Haldol every 10min as needed
**Maximum 10 mg**

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**Midazolam 2.5 mg IV / IO / IN**
**5 mg IM**

**Peds: 0.1 – 0.2 mg/kg**
**IV / IO / IM / IN**
Repeat every 2-3 minutes as needed

Consider
Restraint Physical Procedure USP 5
Monitor per restraint procedure
***if indicated***

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Condition Improving?

NO → ↓

YES → Exit to Age Appropriate Protocol(s)

NO ↓

**Behavioral Activity Rating Scale**
**BARS scoring: 7**

Agitated and violent

→ Exit to Hyperactive Delirium with Severe Agitation Protocol UP 19